



## Calling all Dolphins swimmers!

We hope your time in swimming is happy, enjoyable and successful but if you do need to seek some help and advice, your welfare officer for the club is

Kate Wright

Mobile number: 07766056114

or you can ring the ASA Swimline on 0808 100 4001

SWIMLINE was launched over 9 years ago for swimmers to raise concerns about themselves or other young people in their club who they feel are not being treated properly by other club members, coaches or officers, who maybe feel bullied or made unhappy by the action of an adult or another young person. It is a freephone number that will not show on a phone bill.

When calling SWIMLINE you will get through to an answerphone where you will be asked to leave to a contact number and, if you wish, details of the concern. The ASA Child Protection Officer or a Swimline Counsellor will call you back, listen to your concerns and discuss and agree a way forward with you. If you need to speak to someone immediately you can hold rather than leave a message and you will be put through to an NSPCC CHILDLINE counsellor.



